Benefits of Full-Day Kindergarten

- Children who attend full-day kindergarten learn more in reading and math over the kindergarten year than those in half-day programs.¹
- Children in full-day kindergarten programs receive 40-50% more instruction than children enrolled in half-day kindergarten programs. More instructional time in full-day kindergarten allows for increased learning activities and strategies such as: group read-aloud, peer tutoring, mixed-ability grouping, and child-initiated activities.²
- Children who attend full-day kindergarten spend 30% more time on reading and literacy instruction and 46% more time on mathematics than children in half-day programs.³
- Full-day kindergarteners exhibit more independent learning, classroom involvement, productivity in work with peers and reflectiveness than half-day kindergarteners.⁴
- Full-day kindergarten allows for a more consistent schedule for children and reduces the ratio of transition time to class time, reducing stress for children.⁵,⁶
- Parents of children in full-day kindergarten report higher levels of satisfaction with their children’s schedule and curriculum and the program’s support for working families.

Full-Day Kindergarten Helps Close the Achievement Gap

- At-risk students who received full-day kindergarten through the Kindergarten Initiative in Montgomery County, Maryland made significantly greater progress in language proficiency than comparable children in half-day kindergarten.⁷
- A study of 17,600 Philadelphia children found that full-day kindergarten helps children from low-income families perform better and saves the school district millions of dollars through significantly reduced grade retention in the first through third grades.⁸
- Research from Lowell Elementary School in Albuquerque, New Mexico, where the average entering kindergartner was already 22 months below grade level, showed that children in the school’s half-day kindergarten made an average gain of 5.4 months during a 9 month period, while children in the full-day classes made a 16 month gain.⁹
- Studies of Minneapolis Public Schools showed that minority children in full-day kindergarten gained literacy skills at a faster pace than peers in half-day classes.¹⁰

Strong Public Support for Full-Day Kindergarten

- Eighty-one percent of Massachusetts voters support full-day kindergarten for all Massachusetts children.¹¹
- Among parents who report that their communities do not offer full-day kindergarten, 61% say they would rather send their child to full-day than half-day kindergarten.¹²
- In one national study, after the second year of a full-day kindergarten pilot, 100% of the full-day parents and 72% of the half-day parents indicated that, if given a choice, they would have selected the full-day program for their child.¹³

Kindergarten Policy in Massachusetts

The mandatory school age for children in Massachusetts is six. Current Massachusetts regulations mandate that 425 hours of kindergarten be provided by all public school districts and be made available to all children. This translates to roughly 2.5 hours per day, however, there is some local variation in how kindergarten is offered from district to district in terms of hours per day and days per week. The state defines full-day kindergarten as a minimum of 850 hours per year.
In the 2014-15 school year 98% or 308 of the 313 school districts and charter schools serving kindergarten-aged children in the state offered at least one full-day kindergarten classroom. Of these, 243 offer full-day kindergarten district-wide and 65 offer it partially and maintain some half-day classrooms. Only five districts do not offer full-day kindergarten: Carlisle, Concord, Needham, Tewksbury, and Wayland. Statewide, 8% of Massachusetts’ kindergarteners are enrolled in half-day kindergarten.

When districts only partially offer full-day kindergarten, there is often a high demand for limited spaces, requiring families to submit to a lottery or a waiting list. In school year 2014-15, 72 school districts required families to pay a fee for their children's participation in the full-day program. Fees vary widely across the state – for districts charging tuition for full-day kindergarten, average annual tuition per child is $3,298. Tuition averages $3,166 in grantee districts and $3,383 in non-grantee districts. In February 2007, the Department of Education placed a $4,000 cap on the tuition charged to parents whose children attend kindergarten classrooms funded by the Massachusetts Kindergarten Development Grants. There are no tuition caps in other school districts.

A recent analysis by Massachusetts Budget and Policy Center found that a shift to universal, free full-day kindergarten would require an increase in the state foundation budget of $77.5 million, with $29.3 million coming from Chapter 70 state aid and the remainder being the local education contribution. This would provide free full-day kindergarten to an additional 8,760 children currently in half-day programs or paying tuition for full-day program.

### Massachusetts Kindergarten Development Grants

In FY00, the Commonwealth began a long-term plan to support cities and towns in the transition to full-day kindergarten with the creation of the Massachusetts Department of Education’s Kindergarten Development Grant program. Public school districts can receive two types of Kindergarten Development Grants:

1. **Transition Planning for Full-Day Kindergarten** grants help districts transition half-day classes to full-day, providing start up costs, professional development, and curriculum development the year prior to implementation of full-day kindergarten. The grant program has supported the transition of 932 classrooms to full-day status. In FY14, this grant was awarded to five districts that will enroll 375 students in full-day kindergarten in September, 2014.

2. **Quality Full-Day Kindergarten** grants in FY13 provided 2,381 classrooms with support for quality improvements, including: increased staff; special needs inclusion; transition planning between preschool, kindergarten, and first grade; expanded professional development opportunities for teachers and staff; National Association for the Education of Young Children (NAEYC) accreditation support, and curriculum development based on the state curriculum frameworks.

The proportion of Massachusetts’ children enrolled in full-day kindergarten classrooms has increased to 92% from 29% in FY00. Funding for the Kindergarten Development Grant line item peaked at $33.8 million in FY08 and has since been reduced to $23.95 million at the start of FY15, and $18.59 million after mid-year “9C” budget cuts. Grant funding per classroom has decreased steadily from $14,900 in FY08 to $11,252 in FY12, an amount that supports on average 10.5% of the cost of a full-day kindergarten classroom. As the kindergarten grant amounts have decreased in recent years, some grantee districts have raised tuition rates.
The Early Education for All Campaign

- grassroots leaders and policymakers on behalf of children and families. To realize this vision, EEA seeks:
  - from business, early childhood, labor, religion, health care, education and philanthropy, allied with parents,
  - early education and become proficient readers by the end of third grade. EEA is a broad-based coalition of leaders

The Early Education for All Campaign works to ensure that children in Massachusetts have access to high-quality

1. Language-rich home environments
2. High-quality infant/toddler supports
3. High-quality pre-kindergarten
4. High-quality full-day kindergarten
5. PK-3 systems alignment and support
6. High-quality instruction and professional development

For more information, contact Titus Dos Remedios, director of research and policy, 617-330-7387 or tdosremedios@earlyeducationforall.org

Kindergarten Policy in Other States

Kindergarten offerings and attendance requirements vary widely by state and even by district within some states.

- Every state pays for kindergarten in at least some districts for a portion of the school day.

- Eleven states and Washington D.C require school districts to offer full-day kindergarten: Alabama, Arkansas, Delaware, District of Columbia, Georgia, Maryland, Mississippi, North Carolina, Oklahoma, South Carolina, as well as West Virginia and Louisiana, two states that require all students to attend.

- Ten states, including Massachusetts, provide more funding for full-day kindergarten than half-day. 21

- Eighteen states do not provide different funding for full- and half-day kindergarten and fund kindergarten at a lower level than 1st grade.

## Kindergarten Policies

<table>
<thead>
<tr>
<th>Kindergarten Policies</th>
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### Compulsory School Age:

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<td>Age 6 years</td>
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<tr>
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<td>14</td>
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<tr>
<td>Age 8 years</td>
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</tbody>
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**Notes:**


15. Massachusetts Department of Elementary and Secondary Education. (March, 2015). Data provided by department staff.


18. Ibid., Massachusetts Department of Elementary and Secondary Education. (2012). Legislative report: Kindergarten Expansion Grants


[Updated March 2015]